



Extension's greatest asset is our people. [Our] County Extension Agents and support staff live and work alongside the people they serve, offering unparalleled local knowledge, leadership, and connections in every community.



Four-H is America's largest youth development organization – empowering nearly six million young people with the skills to lead for a lifetime.



Family & Community Health

Family and Community Health help Texans better their lives through science-based educational programs designed to improve the overall health and wellness of individuals, families, and communities.

Texas A&M AgriLife Extension
is a unique education agency that provides programs, tools, and resources on a local and statewide level that **teach** people how to **improve** agriculture and food production, **advance** health practices, **protect** the environment, **strengthen** the economy, and **enrich** youth.

With 250 county offices serving Texans in all 254 counties, County Extension Agents serve families, youth, communities and businesses throughout the state.

Texas A&M AgriLife Extension Service – Navarro County

313 W. 3rd Ave

Corsicana, TX 75110

Phone: 903-654-3075

Follow us on Facebook:

Navarro County 4-H



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, or any other classification protected by federal, state, or local law and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

Texas A&M AgriLife Extension Service

Available for Navarro County
Classrooms

- ✓ The Texas A&M AgriLife Extension Service in Navarro County is here to provide assistance through quality curriculum and educational resources which can be used to enhance subjects being taught in your class, group, or special interest program.
- ✓ Our programs listed have been aligned with the Texas Essential Knowledge and Skill (TEKS)

**Discover more learning opportunities
for your students!**



EXPLORE

Color Me Healthy



This program engages children in nutrition education to improve happiness and health. This interactive program encourages children to have healthy eating practices for a positive impact in their ability to recognize what healthy foods are and willingness to try new healthy foods. They get to participate together with their classmates in story time, where learning about fruits and vegetables is fun and exciting. With this program, the activities inspire community involvement with teachers, children, and families.

Food and Fiber Roundup

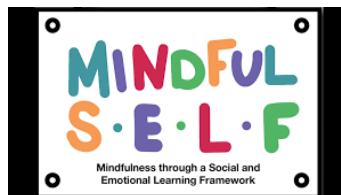
This event brings farmers, ranchers, and business leaders together to educate fourth graders from across the county on the importance of agriculture and the different ways it provides for people, such as food and clothing. There are multiple demonstration stations set up for students to move from station to station.



Egg to Chick

Incubating and hatching chicken eggs is a hands-on learning experience you can use with students from kindergarten to 12th grade. Classroom experiments with chicken embryos can help you teach complex systems such as nutrition and circulatory system, or more basic skills such as data measurement, collection, and analysis. These projects help students learn biological concepts and develop a deeper understanding of the life sciences. Examining embryos at different stages of growth, and observing a beating heart are just two of the projects you can use.

Mindful SELF



This program has been created to aid in teaching youth mindfulness and social and emotional concepts. Cultivating mindfulness and developing social and emotional learning skills

Walk Across Texas (WAT)

Form teams to see who can log the most miles walking, jogging, or biking. You can even dance, do aerobics, or ride a stationary bike! The team that walks the furthest "across Texas" will win, but everyone who participates will take home a healthy habit – walking for fitness!



Learn, Grow, Eat & Go!



This program is designed for children to provide them with hands-on and academic achievement through engaging lessons and activities in learning about the variety of food, such as vegetables and fruits, to improve health and wellness. These activities teach about nutrition, how-to gardening, and help children discover new favorite foods to enjoy. With *Learn, Grow, Eat & Go*, children have a fun opportunity in learning more about how food is grown and prepared that encourages school and family engagement, where everyone can learn valuable knowledge from it.

Water Conservation

Demonstration stations are set up to discuss different topics about water, such as conservation, the water cycle, water as a nutrient, erosion, and water quality and management. These stations are interactive for children to better understand the importance of water.



Contact Us

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